

# Empowering Students, Enriching Health\_\_

**Notice Date:** 17 September 2024

Assalamualaikum!

Dear Parents,

We're excited to introduce a new thematic approach to our curriculum, where we'll explore a different theme every fortnight. This innovative approach aims to provide our students with holistic learning experiences, blending academics with practical life skills. This initiative will help students connect academic concepts with real-world health applications, empowering them to lead informed, healthy lives.

Our first theme, starting September 18, 2024, is: \_Kashmir Harvard Health Care: Empowering Students, Enriching Health\_\_

Over the next 15 days, students will experience healthcare services in the school, visit different departments of healthcare, meet famous doctors, receive training on handling emergency critical situations and engage in hands-on activities, presentations and discussions focused on:

- Critical thinking
- Decision making
- Self-care habits
- Personal well-being

Subsequent themes will be announced regularly.

Additionally:

- Doctors will be available for consultation at school (11:00 A.M. - 12:00 P.M., except

Fridays).

- Parents will receive a Google Form to schedule appointments on designated dates.

We eagerly anticipate your continued support as we embark on this enriching journey together.

Regards,  
Kashmir Harvard